

IN THE SPECIFICATION:

Please amend the fourth full paragraph on Page 15, beginning on line 19 to read as follows:

The punch 54 has three ridges (not shown) angularly spaced circumferentially by 120 degrees and extending a predetermined length along the axis of the punch 54. The ridges produce track grooves 60a through 60c in an inner wall surface of a cup ~~[[8]]~~ 62 of a quaternary formed piece 58 as shown in FIG. 6. In fifth cold forging step S5 to be described later, ~~[[a]]~~ the cup 62 is ironed to process the track grooves 60a through 60c into track grooves 60a through 60c (see FIG. 7) having improved shape and dimensional accuracy.